

Bike Doctor Route (40 Mile)

<i>Mileage</i>	<i>Action</i>	<i>Direction</i>
	START	Prepare ZERO YOUR ODOMETER; START FROM THE FRONT OF HILTON HEAD HIGH SCHOOL. Follow the Bus Road past the High School
0.17	LEFT	Onto Wilborn Rd
0.65	RIGHT	Onto School Rd
0.78	RIGHT	Onto Gum Tree Rd Pathway
1.61	LEFT	Onto Wild Horse Rd Pathway
2.63	STRAIGHT	At US-278 Onto Spanish Wells Rd Pathway
4.75	LEFT	Onto Marshland Rd Pathway
4.95	LEFT	Onto Entrance Ramp for Cross Island Expressway
6.96	BEAR RIGHT	Onto Gum Tree Exit Ramp
7.28	FLIP LEFT	Onto Cross Island Expressway Entrance Ramp to Cross Island
	RIGHT	Onto Marshland Rd Exit Ramp and STRAIGHT Onto Cross Island Pkwy Pathway (Over Bridge)
11.39	STRAIGHT	At Arrow Rd, continue on Palmetto Bay Rd
12.51	STRAIGHT	At Sea Pines Circle onto Pope Avenue
13.18	RIGHT	Onto Cordillo Parkway pathway
14.53	LEFT	Onto South Forest Beach Dr pathway
15.91	STRAIGHT	Through Coligny Circle; Onto N Forest Beach Dr
17.33	LEFT & U-TURN	On North Forest Beach Drive at Roadrunner Lane through Parking Lot on the left
18.81	RIGHT	Onto Pope Avenue pathway (at Coligny Circle)
19.62	RIGHT	Onto New Orleans Dr
20.32	RIGHT	Onto 278 Business Pathway
20.44	LEFT	Onto Wexford DR (at Shipyard DR)
20.56	LEFT	Onto Dunnagen's Alley
21.06	RIGHT	Onto Arrow RD Bike Lane
21.23	RIGHT	Onto Arrow Rd Bike Pathway
22.39	RIGHT	Onto Palmetto Bay Rd
23.56	BEAR RIGHT	Onto Marshland Lane pathway (before toll booths)
23.75	LEFT	Into Marshland Rd Rest Stop; Continue RIGHT Onto Marshland Rd
27.70	RIGHT	Onto Mathews Dr Pathway
28.00	CROSSOVER	Over 278 Business at Folly Field Rd & Matthews Rd
28.00	STRAIGHT	Onto Folly Field Rd; At Starfish Dr, LEFT to stay on Folly Field Rd
29.09	LEFT	Onto Grasslawn Dr
29.43	LEFT	Onto Coggins Point Pathway
29.48	RIGHT	Onto 278 Business Pathway
30.37	RIGHT	Onto Union Cemetery Rd pathway
31.33	RIGHT	Onto Dillon Rd pathway
32.48	STRAIGHT	Onto Fish Haul Rd pathway
32.92	RIGHT	Onto Baygall Rd pathway
33.26	RIGHT	Onto Mitchellville Rd (stay to right on road) Into Barker Field Parking Lot (Rest Stop) and CONTUNUE STRAIGHT onto Barker Field pathway. See
33.36	LEFT	scenic view at end.
33.51	RIGHT	Onto bridge boardwalk.
33.68	RIGHT	In Mitchelville Beach Park
33.83	RIGHT	Onto Mitchellville Road.(stay to right on road).
34.13	LEFT	Onto Baygall Rd (stay to right on road, not pathway)
34.47	LEFT	Onto Fish Haul Rd (stay to right on road, not pathway)
34.91	RIGHT	Onto Beach City Rd pathway
36.29	RIGHT	Onto Fort Howell Drive
36.34	LEFT	Onto Bill Fries Drive
36.61	LEFT	Onto Lamotte Drive
37.21	RIGHT	Onto Hospital Center Blvd
37.44	RIGHT	Onto Beach City Rd
37.60	STRAIGHT	Onto Gardner Dr
38.17	RIGHT	Onto Leg-O-Mutton Rd
38.30	STRAIGHT	At Indigo Run Circle; Onto Pembroke Dr
39.26	STRAIGHT	Pembroke & 278 Business & Museum
39.30	LEFT	Onto Main St
39.50	RIGHT	Onto Wilborn (S) Rd
39.68	LEFT	Onto School Rd
39.88	RIGHT	Into Finish at Hilton Head High School parking lot.